# **SHELFTALKERS** PRINT AND CUT TO HANG ON YOUR SHELF



Principato di Lucedio

# **Arborio Rice**



The most popular Italian rice variety. Its mild nutty flavor and pillowy texture make it extremely versatile.

**Uses:** Perfect for classic. creamy *risotto*, or rice pudding. Try boiling the rice like pasta and use it as a base for rice salads.

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#### Carnaroli Rice



Known as the "King of Italian Rice" for having long, thick grains. Loved for its al dente bite (it's hard to overcook!) and its creaminess.

**Uses:** Make a velvety *risotto* bianco or use in Sicilian arancini (fried stuffed rice balls).

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### **Vialone Nano Rice**



Small, round grains that absorb up to twice their weight in liquid. Delicate and moist.

**Uses:** Commonly paired with flavors of the sea. Try making squid ink risotto, or add to seafood stew.

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## Venere Black Rice



A hybrid of Chinese black rice and a local Italian variety. Rich nutty flavor and stunning color.

**Uses:** Make a salad of boiled rice, chopped vegetables, and sautéed shrimp or serve with a shellfish raqù.